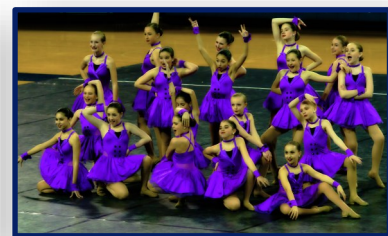


# UNIVERSITY OF MICHIGAN DANCE TEAM COMPETITION



SUNDAY, MARCH 13TH, 2022  
CRISLER CENTER  
ANN ARBOR, MICHIGAN





# 2022 UNIVERSITY OF MICHIGAN DANCE TEAM COMPETITION TEAM REGISTRATION FORM

PLEASE MAKE COPIES OF THIS FORM AND USE **ONE** FOR EACH TEAM THAT YOU REGISTER

Team Name: \_\_\_\_\_ School Name: \_\_\_\_\_

School Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

School Phone w/ Area Code: \_\_\_\_\_ School/Home Fax: \_\_\_\_\_

Coach's Name: \_\_\_\_\_ Coach's Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Coach's Phone W/ Area Code: \_\_\_\_\_

Coach's E-Mail Address: \_\_\_\_\_ # Of Team Members: \_\_\_\_\_

## Circle Team Type:

**School Dance Team**

**All-Star/Studio Dance**

### School Dance Teams

Circle Category: Pom Lyrical Kick Jazz Hip-Hop Contemporary/Modern

Circle Level Category: College Varsity JV Freshman Junior High Elementary

Average Age of Competitors \_\_\_\_\_ Number of Dancers Competing \_\_\_\_\_

### All-Star/Studio Dance Teams

Circle Category: Team Performance Pom Lyrical Kick Jazz Hip-Hop Contemporary/Modern

Circle Level Category: Tiny(5/under) Mini(8/under) Youth(11/under) Junior(14/under) Senior(18/under) Open(18/up)

Average Age of Competitors \_\_\_\_\_ Number of Dancers Competing \_\_\_\_\_

(For questions on levels and categories, please visit [www.usasf.net](http://www.usasf.net))

***use a separate registration form included in this packet to register solos, duos, trios & small groups***

**PLEASE MAKE CHECKS PAYABLE TO "University of Michigan"**

Please Mail To: Valerie Stead Potsos

3115 Broad St. Dexter, MI 48130

Ph: (734) 709-6155 or (734) 424-2626 Email: [vspotsos@umich.edu](mailto:vspotsos@umich.edu)

<http://uofmdancecomp.wordpress.com/>

Registration Deadline: \$350/team if received by 2/13/22 (i.e. send before 2/6/22)  
Late Registration Deadline: \$450/team if received before 2/28/22 (i.e. send before 2/12/22)

**2022 University of Michigan Dance Team Competition Payment**

Total: \_\_\_\_\_

Check # \_\_\_\_\_ MasterCard/Visa: \_\_\_\_\_ Exp: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

## 2022 UNIVERSITY OF MICHIGAN DANCE TEAM COMPETITION RULES



### DANCE RULES

*Please perform routines that display your strongest style. Judges will score based on the style presented.*

- 1) This event will be held at Crisler Center at 333 E. Stadium, Ann Arbor, MI 48109. Each team will perform and compete in front of the judges.
- 2) You can choose to enter 1-6 categories. Teams may enter 1-6 categories at NO ADDITIONAL CHARGE! There is a flat fee of \$350/team. There is an additional fee for solos, duets, trios and small groups.
- 3) Pom: Emphasis on synchronization and visual effect. Moves should be very sharp, clean and precise. Poms must be used for at least 80% of the performance.

Jazz: Emphasis on dance technique, difficulty and creativity.

Kick: Emphasis on variety of kick series, control, uniformity of height, timing, and team stamina. 75% of the routine must incorporate kick patterns. There is no minimum or maximum number of kicks you must incorporate.

Lyrical: Routine should demonstrate balance, extension, isolations and control utilizing the lyrics or mood of the music. Dance should tell the story of the music.

Modern/Contemporary: A contemporary or abstract style of dance. May be based on other disciplines & principles of dance, including choreographer's vision. Modern dance involves freedom of movement with no limitation using angular lines with legs, arms, and body to create unusual and interesting effects.

Hip-Hop: Routines that incorporate street style movements with an emphasis on execution, style, creativity, body isolations and control, rhythm, uniformity and musical interpretation.

Tap: Routines consisting of tap technique focusing on rhythms, musicality and crisp sounds.

4) School Routines must be a minimum of 1:30 (one minute and thirty seconds) and may not exceed 3:00 (three minutes). (All-Star and Studio Teams: Maximum time limit is 3 minutes for all groups and solos). Timing will begin with the first note of music. Music may either be started upon your entrance or after the team has entered the floor. Timing will end when the music stops. Studio production routines with 30+ members must not exceed 7 minutes.

5) You will receive a link one week prior to the competition to upload your music. Please bring a CD an iPod as a backup.

6) No props are allowed other than poms. All-star and studio teams are allowed to use props as long as the prop has padding underneath to protect the floor. All props will be pre-screened prior to floor entry.

7) You may include a kickline in the pom or jazz category but it is not required. There is no limit as to the number of kicks you may incorporate.

8) Body drops, knee drops, and dive rolls are not allowed. Further, the hurdler position or sitting with both feet back is prohibited. Please make sure that at least one foot touches the ground after performing a leap, jump, turn, or toe-touch before starting another skill. (All-star and Studio Teams: Please refer to [www.usasf.net](http://www.usasf.net) for specific rules on tumbling.)

9) Teams should choreograph routines for family viewing. (Suggestive moves, music content, and costuming should be appropriate)

10) Teams will follow all USASF Rules and Regulations. Visit [www.usasf.net](http://www.usasf.net) for a complete list of rules. We will be using National Federation rules. A 5 point per judge penalty will be assessed to any team violating any of the specific rules listed above. Questions on illegal moves may be emailed to [vspotsos@umich.edu](mailto:vspotsos@umich.edu).

11) Coaches are responsible for legally purchasing their own music. Music must be purchased through iTunes or a licensed provider. If anyone questions the validity of your music, please be prepared to show proof of purchase to the competition director.

ONCE WE RECEIVE YOUR REGISTRATION FORM, WE WILL SEND YOU A SAMPLE SCORE SHEET.

TEN DAYS PRIOR TOTHE EVENT, YOU WILL RECEIVE A SCHEDULE, A MEDICAL RELEASE FORM, AND DIRECTIONS TO THE COMPETITION.

Based on the # of teams registered for each division, we may split divisions into small team and large team categories. We can't wait to see you and your amazing routines!

<http://uofmdancecomp.wordpress.com/>

# 2022 UNIVERSITY OF MICHIGAN DANCE TEAM COMPETITION DANCE SOLO, DUET, TRIO, AND SMALL GROUP REGISTRATION FORM



PLEASE MAKE COPIES OF THIS FORM AND USE **ONE** FOR EACH TEAM/GROUP THAT YOU REGISTER

Solo Name: \_\_\_\_\_  
 Duo Names: \_\_\_\_\_  
 Trio Names: \_\_\_\_\_  
 Small Group (4-8 dancers): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Youth Division (6th grade/under) \_\_\_\_\_

Junior Division (7th-9th grade) \_\_\_\_\_

Varsity Division (10th-12th grade) \_\_\_\_\_

School Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

School Phone w/ Area Code: \_\_\_\_\_ School/Home Fax: \_\_\_\_\_

Coach's Name: \_\_\_\_\_ Coach's Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Coach's Phone W/ Area Code: \_\_\_\_\_

Coach's E-Mail Address: \_\_\_\_\_

## **Dance Solos, Duos, Trios, and Small Groups**

Anyone can participate in the solos, duos, trios or small groups for an additional cost. You do not have to be registered for the team competition.

There will be three age groups: Youth (6th Grade and under), Junior (7th-9th Grade) and Varsity (10th -12th Grade).

For duos and trios the age category is determined by the oldest member in the group. Small groups are 4-8 members.

**All routines must be a minimum of 1:30 and a maximum of 3:00 minutes.**

***All University of Michigan Dance Team Competition Rules apply in this category as well.***

(For questions on levels and categories, please visit [www.usasf.net](http://www.usasf.net))

\$75/dance solo (\$100/dance solo after 2/13/22)

\$100/dance duet (\$125/dance duet after 2/13/22)

\$150/dance trio (\$175/dance trio after 2/13/22)

\$250/dance small group (\$275/dance small group after 2/13/22)

**PLEASE MAKE CHECKS PAYABLE TO "University of Michigan"**

**Please Mail To: Valerie Stead Potsos**

**3115 Broad St. Dexter, MI 48130**

**Ph: (734) 709-6155 or (734) 424-2626 Email: [vspotsos@umich.edu](mailto:vspotsos@umich.edu)**

**Registration Deadline: \$350/team if received by 2/13/22 (i.e. send before 2/6/22)**  
**Late Registration Deadline: \$450/team if received before 2/8/22 (i.e. send before 2/12/22)**

**2022 University of Michigan Dance Team Competition Payment**

Total: \_\_\_\_\_

Check # \_\_\_\_\_ MasterCard/Visa: \_\_\_\_\_ Exp: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_